

# EVERESTING THE STEP.....



## FRANKLIN ELLIS ARCHITECTS TO CLIMB NOTTINGHAM'S VERSION OF MOUNT EVEREST!

TO RAISE FUNDS FOR CHILDREN IN NEED, ON THE 17TH NOVEMBER TEAM FRANKLIN ELLIS WILL BE CLIMBING THE EQUIVALENT OF MOUNT EVEREST BY TAKING ON 885 ASSENTS OF THE NOTORIOUSLY STEEP STEPS IN THE PARK, NOTTINGHAM.

TO CLIMB THE INCREDIBLE 8,848M, WHICH IS THE HEIGHT OF EVEREST, THE FRANKLIN ELLIS TEAM AND FRIENDS WILL COME TOGETHER TO TAKE ON THE STEPS CHALLENGE THAT WILL SEE THEM COLLECTIVELY CLIMB 92,040 STEPS TO REACH THE TARGET OVER A 12 HOUR TIME PERIOD FROM 6AM TO 6PM.

PLEASE THINK OF OUR KNEES AND SUPPORT US TO RAISE FUNDS FOR CHILDREN IN NEED; A FANTASTIC CAUSE THAT SUPPORTS UK-BASED PROJECTS THAT HELP CHILDREN FACING A RANGE OF DISADVANTAGES SUCH AS POVERTY AND DEPRIVATION, ABUSE, NEGLECT AND DISABILITIES.

IF YOU HAVE SOME SPARE ENERGY AND WOULD LIKE TO JOIN US AND LIGHTEN THE BURDEN BY OFFERING A FEW ASSENTS THEN PLEASE LET JOE TAYLOR IN OUR OFFICE KNOW.



THANK YOU FOR YOUR SUPPORT!  
TEAM FEA

[HTTPS://WWW.JUSTGIVING.COM/FUNDRAISING/FRANKLIN-ELLIS](https://www.justgiving.com/fundraising/franklin-ellis)



# EVENT IN PROGRESS

THANKYOU FOR YOUR PATIENCE

PLEASE FOLLOW THE DIRECTION OF  
TRAVEL

PARTICIPANTS WILL STOP AND LET YOU  
PASS

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PLEASE USE THE OTHER SIDE  
THANKYOU FOR YOUR PATIENCE



PLEASE USE THIS SIDE  
THANKYOU FOR YOUR PATIENCE

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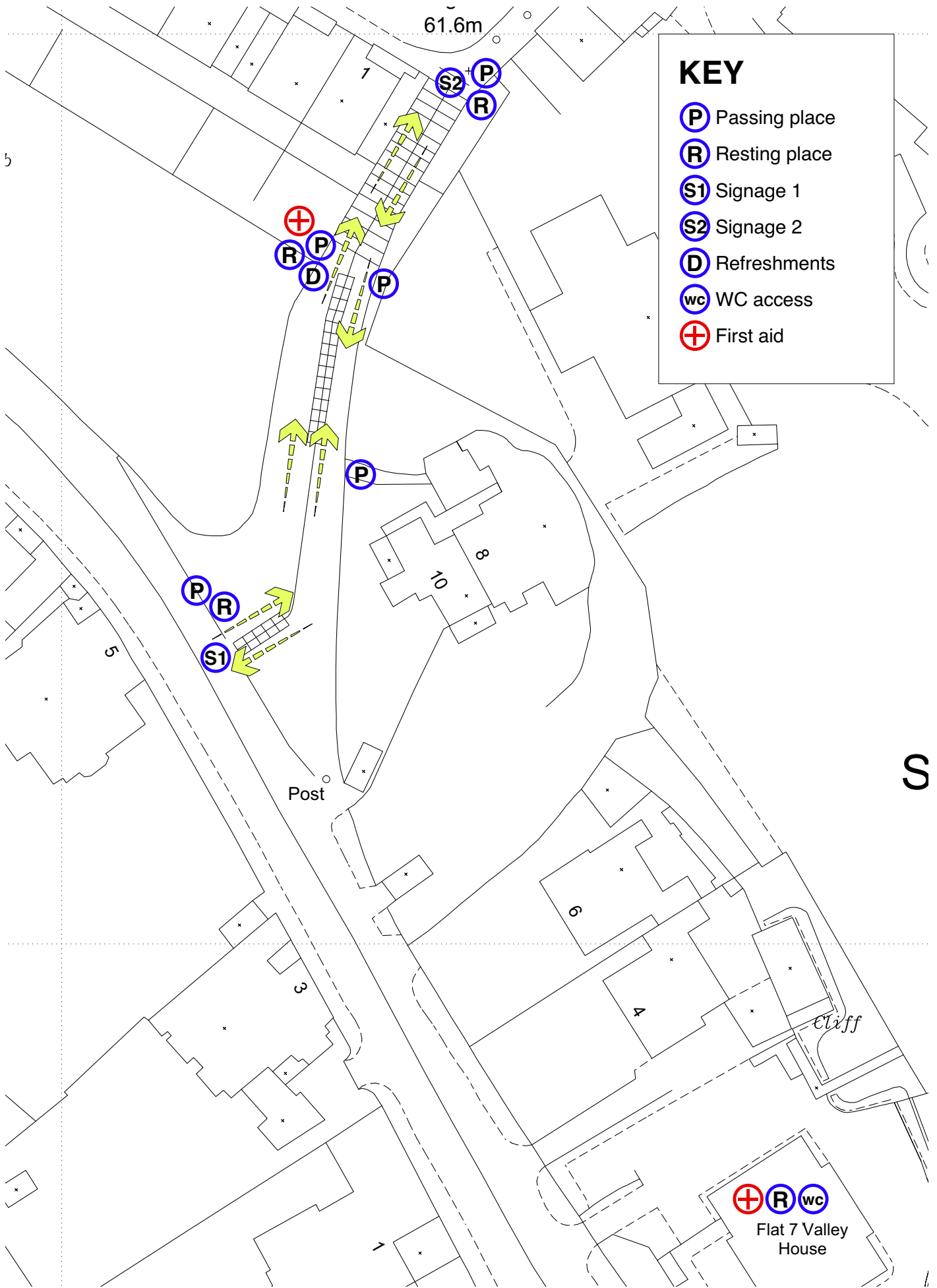
PLEASE USE THIS SIDE  
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# EVERESTING THE STEPS CHALLENGE

## EVENT RULES/HEALTH AND SAFETY PLAN

- PARTICIPANTS WILL ACT RESPONSIBLY AT ALL TIMES
- PARTICIPANTS WILL MAINTAIN A SENSIBLE WALKING PACE AT ALL TIMES
- PARTICIPANTS WILL MAINTAIN A HAND HOLD ON THE STEP RAILS AT ALL TIMES TO PREVENT FALLING
- PARTICIPANTS WILL ONLY WORK WITHIN THEIR OWN LIMITATIONS, WILL TAKE BREAKS AS REQUIRED AND STOP SHOULD THEY HAVE ANY CONCERNS
- PARTICIPANTS WILL MAKE USE OF THE REFRESHMENTS PROVIDED AND WILL REMAIN SUITABLY HYDRATED AT ALL TIMES
- PARTICIPANTS WILL RESPECT THE NEIGHBOURS AND MEMBERS OF THE PUBLIC AND GIVE THEM PRIORITY OF PASSAGE AT ALL TIMES
- PARTICIPANTS WILL USE THE RESTING PLACES PROVIDED AS REQUIRED
- PARTICIPANTS WILL ALERT THE MARSHALL OF ANY CONCERNS OR HEALTH AND SAFETY ISSUES
- PARTICIPANTS WILL ENCOURAGE THEIR PIERS TO ENSURE THE EVENT IS ENJOYABLE FOR ALL





**KEY**

- P Passing place
- R Resting place
- S1 Signage 1
- S2 Signage 2
- D Refreshments
- wc WC access
- + First aid

# EVERESTING THE STEPS CHALLENGE SCHEDULE OF HAZARDS

What Are The Hazards	Who May Be Harmed and How	What Mitigating Measures Are Being Put In Place	Action By Who	Action By When	Done?
Slipping on the steps due to leaves/litter	Participants and members of the public	The steps will be inspected prior to commencement and will be monitored throughout the event and swept by the marshal as required. First aid station provided at event with qualified first aiders accessible at all times	Marshal	Prior to and throughout Event	
Slipping on the steps due to adverse weather	Participants and members of the public	The weather will be reviewed prior to commencement and conditions inspected to ensure there is no abnormal risk. First aid station provided at event with qualified first aiders accessible at all times	Marshal	Prior to and throughout Event	
Slipping on the steps due to bad light	Participants	The majority of the event will take place in daylight hours. Street lights are in place for early morning and early evening and additional lighting will be provided for participants by torch/head torch to ensure the steps are well illuminated	Marshal/Participants	Prior to and throughout Event	
Slipping on the steps due to lose steps/trip hazards	Participants and members of the public	The steps have been inspected by Franklin Ellis Architects and The Park Estate and are deemed to be in a satisfactory condition. A further inspection will be carried out by FEA prior to commencement. First aid station provided at event with qualified first aiders accessible at all times	FEA	Prior to commencement	
Slipping on steps due to participant error	Participants	All participants to walk at all times and maintain a hand hold on the step rails.	Participants	Throughout event	
Participant fatigue/dehydration	Participants	Refreshments and resting places are provided. Refreshments will be monitored by the marshal and replenished as required. First aid station provided at event with qualified first aiders accessible at all times. All participants have had a test run to ensure the number of repetitions is within their physical limitation	Marshal/Participants	Throughout event	
Participants become cold/fatigued	Participants	Welfare facilities have been agreed at flat 7 Valley House which is very close to the event. Participants can rest here in the warmth. First aid station provided at event with qualified first aiders accessible at all times	Marshal	Throughout event	
Collisions with participants/members of the public	Participants and members of the public	Signage will be in place ensuring that ascent and descent take place on the left hand side of the steps in a single direction of travel. Passing places have been identified and all members of the public will be given priority over participants. A schedule has been drawn up by the organiser to ensure that participant numbers are coordinated with a maximum of 5no. participants on the steps at any given time.	Marshal/Participants	Prior to and throughout Event	

# EVERESTING THE STEPS CHALLENGE

I \_\_\_\_\_

HEREBY SIGN THIS LIABILITY DISCLAIMER FORM ON

DATE: \_\_\_\_\_

I UNDERSTAND THAT ALL ACTIVITIES I PARTICIPATE IN AT THIS EVENT ARE TAKEN AT MY OWN RISK AND I ACCEPT ALL RESPONSIBILITY.

I AGREE NOT TO BRING ANY CLAIM AGAINST THE ORGANISERS OF THIS EVENT. I HAVE READ AND ACCEPT THE TERMS OF THIS LIABILITY DISCLAIMER AGREEMENT AND THE HEALTH AND SAFETY PLAN FOR THE EVENT.

PARTICIPANTS NAME : \_\_\_\_\_

PARTICIPANTS SIGNATURE : \_\_\_\_\_

DATE: \_\_\_\_\_

FOR THOSE UNDER THE AGE OF 18

PARENT/GUARDIAN NAME : \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE : \_\_\_\_\_

DATE : \_\_\_\_\_